2023 JANUARY

Cedar Wellness Center - Monthly Calendar

Address: 4600 47th Avenue Ste. 111
Sacramento, CA 95824

Monday	Tuesday	Wednesday	Thursday	Friday
02 **Closed for New Year's Day (Observed)**	*03* (9-10am) Coffee, Community, Meet and Greet (10:00-11:00am) AM Group (11am-12pm) Donation and Outreach (12pm-12:30pm) Center Activity (12:30pm-1pm) Free Time & Clean up (1pm-2pm) Outreach Activities (2pm-3pm) Employment Readiness (3pm-4pm) PM Group (4pm-4:30pm) Center Activity (4:30pm-5pm) Free Time & Clean up (5pm) Wellness Center closes	*04* (9-10am) Coffee, Community, Meet and Greet (10:00-11:00am) AM Group (11am-12pm) Donation and Outreach (12pm-12:30pm) Center Activity (12:30pm-1pm) Free Time & Clean up (1pm-2pm) Outreach Activities (2pm-3pm) Housing Academy (3pm-4pm) PM Group (4pm-4:30pm) Center Activity (4:30pm-5pm) Free Time & Clean up (5pm) Wellness Center closes	*05* (9-10am) Coffee, Community, Meet and Greet (10:00-11:00am) AM Group (11am-12pm) Donation and Outreach (12pm-12:30pm) Center Activity (12:30pm-1pm) Free Time & Clean up (1pm-2pm) Outreach Activities (2pm-3pm) Employment Readiness (3pm-4pm) PM Group (4pm-4:30pm) Center Activity (4:30pm-5pm) Free Time & Clean up (5pm) Wellness Center closes	*06* (9-10am) Coffee, Community, Meet and Greet (10:00-11:00am) AM Group (11am-12pm) Donation and Outreach (12pm-12:30pm) Center Activity (12:30pm-1pm) Free Time & Clean up (1pm-2pm) Outreach Activities (2pm-3pm) Housing Academy (3pm-4pm) PM Group (4pm-4:30pm) Center Activity (4:30pm-5pm) Free Time & Clean up (5pm) Wellness Center closes
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16 **Closed for Martin Luther King Jr's Birthday**	*17* (9-10am) Coffee, Community, Meet and Greet (10:00-11:00am) AM Group (11am-12pm) Donation and Outreach (12pm-12:30pm) Center Activity (12:30pm-1pm) Free Time & Clean up (1pm-2pm) Outreach Activities (2pm-3pm) Housing Academy (3pm-4pm) PM Group (4pm-4:30pm) Center Activity (4:30pm-5pm) Free Time & Clean up (5pm) Wellness Center closes	*18* (9-10am) Coffee, Community, Meet and Greet (10:00-11:00am) AM Group (11am-12pm) Donation and Outreach (12pm-12:30pm) Center Activity (12:30pm-1pm) Free Time & Clean up (1pm-2pm) Outreach Activities (2pm-3pm) Employment Readiness (3pm-4pm) PM Group (4pm-4:30pm) Center Activity (4:30pm-5pm) Free Time & Clean up (5pm) Wellness Center closes	*19* (9-10am) Coffee, Community, Meet and Greet (10:00-11:00am) AM Group (11am-12pm) Donation and Outreach (12pm-12:30pm) Center Activity (12:30pm-1pm) Free Time & Clean up (1pm-2pm) Outreach Activities (2pm-3pm) Housing Academy (3pm-4pm) PM Group (4pm-4:30pm) Center Activity (4:30pm-5pm) Free Time & Clean up (5pm) Wellness Center closes	*20* (9-10am) Coffee, Community, Meet and Greet (10:00-11:00am) AM Group (11am-12pm) Donation and Outreach (12pm-12:30pm) Center Activity (12:30pm-1pm) Free Time & Clean up (1pm-2pm) Outreach Activities (2pm-3pm) Employment Readiness (3pm-4pm) PM Group (4pm-4:30pm) Center Activity (4:30pm-5pm) Free Time & Clean up (5pm) Wellness Center closes
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